

Health & Safety Protocols for In-Person Office Visits November 2023

As health services providers who spend time in close contact with each of our clients, we are choosing to keep the following protocols in place in order to protect ourselves, our clients and our loved ones:

- You must be symptom-free from any type of infection and have no known contact with anyone who is sick with the Coronavirus within 48 hours of your appointment. There will be no charge for a cancellation if it is due to infection.

For non- emergent cancellations, we require 24 hours notice or you will be charged \$50.00). If you need to cancel your appointment, please call or email.

- Come clean/showered or you are welcome to use our shower to clean up before your session begins.
- Wear a mask. If you don't have one, we will provide one for you.
- Remain masked during the entire session. We have a 'facial dam' which allows you to safely remove your mask during the face-down portion of the massage, but for the face-up portion (intake, discussion, etc.), a face mask must be worn while you are in the office.
- Only the person receiving the treatment will be allowed in the office unless the client is a minor, disabled, or has a significant reason for needing an advocate with them. The advocate will also need to wear a mask.
- If you become aware after your session that you had a known exposure to a Covid-19 positive person within the 3 days before your treatment, you are requested to inform us on our office line as soon as possible.

For everyone's protection, we will continue to disinfect our office between sessions